

Rue Plant

The herb rue, also known as the 'Queen of Herbs', has important spiritual, religious, and ritual meaning for Sephardic Jews. The plant is thought to be good luck and ward off the evil eye, as well as being a cure for minor ills. It is traditionally put on a platter during a bridal shower, tied to a child's clothing, or hung from a door frame in order to keep them safe (to note only a few of many uses).