Matzoh

Matzoh is an unleavened bread eaten over Passover to remember that Jewish ancestors fled their homes hastily, without even enough time to let their bread rise. In some Sephardic traditions, Matzoh is made to be softer and thicker than the cracker-like Matzoh sold in grocery stores. It is thought to be more authentic, whereas more modern Matzoh was changed to be shelf-stable and mass produced.