

## **Fish Head on Rosh Hashanah**

The Sephardic tradition of serving a whole fish on Rosh Hashanah comes from several sources. Rosh Hashanah, the Jewish new year celebration, is translated literally as 'the head of the year,' connecting the new beginnings represented by the holiday with the head. Secondly, in the book Deuteronomy, it is written, "G-d shall make you the head, not the tail" (28:12), making fish, and especially their heads, a good omen for the Jewish people.